

# 2025 KyCOMPASS Annual Impact Report



Kentucky Consultation & Outreach for  
Maternal Psychiatry and Support Services

## Serving the Community

In 2025, the Kentucky Consultation & Outreach for Maternal Psychiatry and Support Services (KyCOMPASS) advanced maternal mental health across the Commonwealth by expanding provider capacity, launching critical infrastructure, and strengthening regional collaboration. Through targeted education and system-building initiatives, KyCOMPASS directly impacted professionals and communities serving birthing individuals statewide.

“Supporting a mother’s mental health is one of the most impactful ways to promote lifelong well-being.”

-AMBER PENDLETON, MD

**162** Total providers trained

**3** Regional maternal health councils supported

**1** New public website launched

**1** Provider consultation line launched

### Training & Education

Dr. Tracey Vogel, obstetric anesthesiologist and national expert in trauma-informed care for obstetric patients, led a trauma-informed workshop, and Postpartum Support International led a maternal mental health training for 162 participants.

### Building Statewide Infrastructure

In December 2025, KyCOMPASS launched its official website and Provider Consultation Line. These initiatives created a centralized hub for maternal mental health resources, training opportunities, referral pathways, and real-time clinical consultation for providers across Kentucky.

### Regional Leadership

KyCOMPASS supported three Maternal Health Councils in 2025:  
• Green River • South Kentucky (SoKY) • Mountain Mamas

Through education, infrastructure development, and regional collaboration, KyCOMPASS is building a stronger, more connected maternal mental health system in Kentucky. The progress achieved in 2025 lays the foundation for expanded provider engagement, increased access to care, and improved maternal outcomes.



**Kentucky Public Health**  
Prevent. Promote. Protect.



**KyCOMPASS**

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[www.kycompass.org](http://www.kycompass.org)